



From the Minister

Anxiety: The Robber of Tranquility (Part 1)

The words anxiety and worry are often translated to mean *cares* in the Bible - the King James Version. Encouraging scriptures tell us not to be anxious, to have no fear, and don't worry about the complexities in life. *Philippians 2:28 and Luke 12:29*

Worry can be, and is often, legitimate and reasonable. We worry about our health and the health of others. We are sometimes anxious about the welfare of our children and family. Even our Lord recognized the "*cares of this world*" in the Parable of the Sower. "*Now he who received seed among the thorns is he who hears the word, and the cares of this world and the deceitfulness of riches choke the word, and he becomes unfruitful.*" *Matthew 13:22*

Worry is often legitimate, but concerns arise when worries are handled incorrectly. When worry is handled incorrectly, the following may occur:

- worry becomes dominate in our lives, which can lead to fear; or
- life perspectives are destroyed and the existence of God is forgotten; or
- an attitude of continuous worry about what cannot be controlled becomes a constant in one's life.

In Luke 12:22-31, we are reminded that God cares for simple creatures; "Consider the ravens, for they neither sow nor reap". So surely, He will take care of his prize creation! "O ye of little faith?" says Jesus.

W.L. Rupert, Jr.

MORNING WORSHIP

Invocation	Tyrone Atkins
Songs (2)	Russell Pratt
Scripture	Paul Hall
Responsive Reading	Jerrell Bratcher
Prayer	Gregory Harris
Songs (2)	Russell Pratt
Sermon	Willie Rupert, Jr
Invitation	Tony Lee
	Johnny Jacobs
Requests/Confession	John Wilkie
Baptism	Michael Hugley
Offering	Allen Grier
Emblems	Paul Hall
	Frank Garner
Ushers	Kevin Nash
	Archie Veale
	Andre Selman
	Nicholas Sasser
Announcements	Corey, Williams
Benediction	Devin Harney

EVENING WORSHIP

Invocation	Dwight Glenn
Songs (2)	Kenneth Harvin
Scripture	Michael Singletary
Responsive Reading	Richard Darden
Prayer	Reginald Salley
Songs (2)	Kenneth Harvin
Sermon	Willie Rupert, Jr
Invitation	William Downs
	Robert English
Requests/Confession	Randy McKinley
Baptism	Donnie Whitfield
Offering	Allen Grier
Emblems	Mitchell Bennett
	Richard McKinley
Ushers	Chris Tillery
	Scottie Cromwell
	Anthony Rudolph
	James Brown
Announcements	Governor Tillery
Benediction	James Thomas

BEREAVED

Sis. Stephanie Jackson

Loss of her father, Thaddeus Jackson

Bro. Kyle Lewis

Loss of his mother, Sis. Mary Williamson

The Family of Bro. Bernis Parker

Loss of Bro. Parker

SICK AND SHUT-IN

Sis. Catherine Stepney
Bro. Booker T. McCann
Keswick Medical Center

Sis. Earland Shepard
Caton Manor

Sis. Arnetta King
Future Care (Charles Village)

Sis. Hattie Wilkens
Future Care (Gilmore St.)

Sis. Ruby Wright
Future Care (Athol Ave.)

Sis. Bessie Cager
Sweet Rest and Care Assisted Living

Bro. Sherman Parsons
Paradise Assisted Living

Sis. Ada Thacker
Sis. Francis Thompson
Esther's Place

Sis. Carolyn Nicholson
Ellicott City Nursing Center

At home

Sis. Joyce Adams
Sis. Ella Brown
Sis. Beatrice Burrus
Sis. Robin Cephas
Sis. Ethel Campbell
Sis. Alberta Daye
Sis. Lilian Flager
Sis. Mary Green
Sis. Karen Harris
Sis. Vauline Malloy
Sis. Pam Neverdon
Bro. Paul Peterson
Sis. Marian Phair
Sis. Freda Smith
Sis. Mary Talbot
Sis. Thomasenia Ware
Sis. Gertrude Williams
Sis. Ella Williams

SENIORS

Merry Milestones Celebration

There will be a catered luncheon at Central for seniors 60+ whose birthdays fall between January and June. Saturday June 26, 1- 4p.m.

Senior Visitation is scheduled to take place on Saturday, May 22nd, at 11AM. Please contact Sis. Jeanna Hawkins by email at Jhawkins2@jhmi.edu or at 410-435-9134.

HEALTH

May is Summer Safety Month. Stop by the Health suite for great tips for a safe season.

Meeting for all Health Ministry workers Sunday May 16, immediately following morning worship in the Health Suite.

EDUCATION

Bible School Teachers Luncheon May 29, at 11:00 a.m. G&M Restaurant in Linthicum. Please sign up with Sis. Cook by May 19.

WORSHIP

Meeting for Communion Workers Sunday, May 23, in front of the old Sanctuary, immediately after worship service. **Potential workers are encouraged to attend as well as younger sisters for Youth Sundays.** Please see Sis. Margaret Kearney or Sis. Lindsey if you have questions.